

Atmiya University, Rajkot

Universal Human Values (UHV) Cell

Part II in Syllabus of PG Programmes

Semester – I & Semester - II		
Course Code	Course Title	Credits
21CEWE01	CEC I- Wisdom & Ethics for Success in Life (WESL)	2 Credits

Course Description:

This content is a new development in human understanding. This is a comprehensive knowledge system (*darsana*) that examines all dimensions of reality & human life: the existential-spiritual, intellectual-logical, emotional-behavioral & occupational. This philosophy is not based on any previous *darshan*, thought or philosophy. It has been presented as an 'Alternative' to Materialism and Theism/Spiritualism for evaluation and study by humankind.

This knowledge system proposes an Undivided Human Society & Balance in Nature via Humanization of Education.

Course Purpose:

- Provides students with a holistic perspective of life.
- Students are able to differentiate between success in career & success in life.
- This module teaches the students the innate values in human being.
- Students can understand harmony in family and how to fulfill those values in family.
- This module will also help students to understand ethical human conduct.

L-T-P-C: 2 – 2(1 for sem.1 and 1 for sem. 2) – 0 - 2

Note: All Lectures are taken in form of workshop and tutorial sessions are taken in form of class activities/assignments.

Course Outcomes: Upon completion of this course, the learner will be able to		
CO No.	CO Statement	Bloom's taxonomy Level (K₁ to K₆)
CO ₁	Differentiate the career success, academic success and life success	K2
CO ₂	Identify the correct priority order in life and illustrate the human goal	K1, K3
CO ₃	Understand that the relationships are definite.	K2
CO ₄	Understand the Interconnectedness between all the orders in existence.	K2

Course Content (for semester 1)	Hours
<p>Module-I: Academic success, Career success and Life success and Living domain of Human</p> <ul style="list-style-type: none"> • Role of sustainable development goals (SDG) in life • To understand academic success (marks) • To understand career success (recognition & position) • To understand life success (balance & contentment) • To understand ultimate goal of human being • Difference between happiness and excitement • Right Understanding (RU), Relationship (R), Physical Facility (PF) with right priority • How our choices are affected by RU, R, PF • On the basis of needs and activities understand the human being <p>Expected SDG covered: SDG 1- No Poverty SDG 4 – Quality Education</p>	6+2 hrs.
<p>Module-II: Understanding Values (MULYA)</p> <ul style="list-style-type: none"> • Understanding the Right Evaluation • What is the current basis of Differentiation. • Understanding the expectations in 7 relationships <ol style="list-style-type: none"> 1. Mother-Father/Son-Daughter 2. Husband-Wife 3. Brother-Sister 4. Friend-Friend 5. Teacher-Student 	7 hrs.

6. Colleague-Coworker 7. Societal Expected SDG covered: SDG 5 –Gender Equality SDG 16 –Peace & Justice	
Course Content (for semester 2)	Hours
Module III: Human to Human Relationship and Universal Values	4 hrs.
<ul style="list-style-type: none"> • To understand the Harmony in Family • Relationship is one self to other self • Sambandh and Sambhodan • Sthapit Mulya & Shisht Mulya in relationship <p>Expected SDG covered: SDG 11 –Sustainable cities and communities</p>	
Module IV: Comprehensive Human Goal	6 hrs.
<ul style="list-style-type: none"> • Understanding (Gyan), Wisdom (Vivek), Science (Vigyan) • Human Goal (Samadhan, Samrudhhi, Abhay, Santulan) • Five dimensions to fulfill human goal <ul style="list-style-type: none"> • Shiksha-Sanskar (Education-Inculcation) • Nyay-Suraksha (Justice-Protection) • Utpadan-Karya (Production-Work) • Vinimay-Kosh (Exchange-Storage) • Swasthya-Sanyam (Health-Self regulation) <p>Expected SDG covered: SDG 2 –Zero Hunger SDG 3 –Good Health & Well Being</p>	
Module V: Harmony in Nature and Existence and Ethical human conduct	5 hrs.
<ul style="list-style-type: none"> • The four orders in nature • Interconnectedness and mutual fulfillment • Introduction to space • Definitiveness of ethical human conduct • Values (Mulya) • Policy (Niti) <p>Expected SDG covered: SDG 13 –Climate Action SDG 14 –Life below water SDG 15 –Life on land</p>	

Text books

- R.R Gaur, R Sangal, G P Bagaria, “A foundation course in Human Values and professional Ethics”, 2009. – English Version

Reference books:

- Nagraj, “JivanaVidyāEkParichaya”, JivanaVidyāPrakāśana, India, 1998.
- Nagraj, “Vyavahārvādī. Samājshāstra”, JivanaVidyāPrakāśana, India, 1999.
- Nagraj, “ManavaVyavahāra Darsana”, JivanaVidyāPrakāśana, India, 2003.
- Nagraj, “SanchetnavadiManovigyan”, JivanaVidyāPrakāśana, India
- Nagraj, “Vyavharatmak Janvad”, JivanaVidyāPrakāśana, India, 2009
- Nagraj, “Abhyas Darshan”, JivanaVidyāPrakāśana, India, 2004
- Michael J. Sandel (Harvard), What Money Can't Buy, 978-0-374-20303-0
- Dacher Keltner (UC Berkeley), Born to Be Good: The Science of a Meaningful Life. 978-0393065121
- Hegde BM (MD, FRCP, Padma Bhushan) – How to stay Healthy
- Marshall Rosenberg, (2005) Being Me, Loving You: A Practical Guide to Extraordinary Relationships: 978-1892005168

Pedagogic tools:

- Chalk and Talk
- Power point presentation
- Group Discussion
- Documentary/Videos
- Poster/Charts
- Student workbook
- Workshop 1 (beginning of semester 1) for students who have not learn that subject in UG Program, they have to attend 6-Day's crash workshop (4Hrs. /Day) and also submit the report to UHV Cell.
- Workshop 1 (beginning of semester 1) for students who have learn the subject in UG Program, they have to go attend 2-Day's refreshing workshop (4 Hrs. /Day) and also submit the report to UHV Cell.
- Workshop 2 (3-Days) for all the students of starting of semester 2 and they have to submit the workshop report to UHV Cell.

Suggested MOOCs

- <https://www.edx.org/course/the-science-of-happiness-3>

Methods of assessing the course outcomes

Components of the course: 100 marks

Sr. No.	Component	Duration	Total weightage	Remarks
1	Experiential Assignments (Tutorials/Activity based learning/ Quiz, etc)	During the whole year	60%	i. Expressed ii. Partially Expressed iii. Did not Express
2	A1 workshop report B1 CIA	During the whole year	20% of workshop report And 20% of CIA	i. Excellent ii. Very good iii. Good iv. Satisfactory
3		Grand Total	100 %	1. Course completed (more than or equal to 40%) 2. Course not completed (less than 40%)